

371.311.1;373.5;371.382

13.00.07 -

A small, square, grayscale image of a handwritten signature in black ink on a light background. The signature is cursive and appears to be the name 'Sergey'.

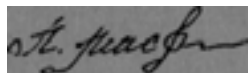
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ANNOTATION

Nechyporenko L.A. Pedagogical Conditions of Providing Teenagers' Personal Achievements by means of Physical Culture. - Manuscript.

-Thesis on acquiring the Scientific Degree of Pedagogical Sciences Candidate for Speciality 13.00.07 - Education Theory and Methods. Education Problem Institute of Ukrainian Academy of Pedagogical Sciences, Kyiv.

The thesis is devoted to investigation of the development level of the teenagers' personal achievements applying pedagogical conditions providing perfection of the skills by means of Physical Culture.

The theoretical analysis of the modern approaches to development level of the teenagers' personal abilities was performed in the work. The Ukrainian and foreign methods of discovering the level of the personal achievements development were analyzed. The pedagogical conditions providing teenagers to self-perfection by means of Physical Culture were determined.

Complex sociological, psychological, intellectual, physical and pedagogical investigation was carried out; the methods were elaborated on its base; pedagogical conditions were formed; individual means of providing teenagers' personal achievements were defined and applied.

The criteria for determining the level of forming cognitive activity were elaborated according to the level of the teenagers' personal achievements development; the indexes of the psycho-motor abilities were described for the first time; the correlation between the personal achievements level and physical fitness was discovered. The efficiency of the pedagogical conditions **was** checked and the methods of providing teenagers' personal achievements were proposed. The obtained positive dynamics of forming cognitive activity, the personal achievements level and physical fitness among the teenagers in the experimental group proves the efficiency of the offered methods of perfecting teenagers' personal achievements.

Key words: pedagogical conditions, motives, motivation, personal achievements, psycho-motor aspect, psycho-motor abilities, self-perfection, success situation, physical fitness, situation of the hurry, physical preparation, methods and ways physical education.

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